

AVPS ASSEMBLY

Morning assemblies in Indian Vedic schools (Gurukuls) and Gurudwaras had been performed since ancient times and are being performed even today.

One of the most important parts of the school curriculum is the morning assembly at AVPS. The beginning of the tradition of the school activities in the morning is quite old and morning assembly is one of the integral parts since a long time.

The role of a high-quality *morning assembly* is very important for the spiritual development of the students and for maintaining the positive environment in the school.

Morning prayers and co-curricular activities improve love, optimism, and unlock the high potential of a student's mind.

MONTHLY VALUES & THEMES OF THE ASSEMBLY

| MONTH | VALUE | THEME |
|--------|------------------------------|--|
| April | QUALITY | Values |
| | | Religious Ceremonies |
| | | Prayer/Reflection |
| May | UNITY | Famous People |
| | | Health Week (Care for Yourself) |
| | | Aspects of Hinduism |
| | | |
| July | Faces & Impressions | personality <i>traits</i> |
| | | Feelings/thoughts |
| | | |
| | | |
| August | HAPPINESS & PEACE | Individual differences |
| | | Positive attitudes/character/personality |

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|-----|------|-------------------|
| Sep | HOPE | Beauty and Wonder |
| | | |

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|-------|----------------------|---|
| Oct | PATIENCE | Places of Worship, Temple, Gurudwara, Church, and other sacred places |
| | | Love - different sorts of different things |
| | | |
| Nov | CARE | Dying (Loss) |
| | | Mother - her role. |
| | | Excellence: Examples of Indian religious stories |
| | | |
| Dec | Humility | Enlightening of Buddha |
| | | Birth of a child, growth, babies, new members of family, baptism |
| Jan | SIMPLICITY | Learning about drugs |
| | | Environment - care |
| | | |
| Feb | UNDERSTANDING | Disability, blindness, deafness or any other |
| | | |
| March | TRUST | What are religious artifacts? |
| | | Co-operations, Kindness, Doing your best, Enjoyment |
| | | Charity- People in need |
| | | Care of animals |
| | FREEDOM | Giving thanks |
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ASSEMBLY ACTIVITIES

| S.N. | ACTIVITIES | TIME IN MINUTES/SECONDS |
|------|--|-------------------------|
| 1 | ROLL CALL CLASS WISE | 5 MINUTES |
| 2 | GAYATRI MANTRA | 40 SECONDS |
| 3 | PRAYER | 2 MINUTES |
| 4 | PLEDGE | 1MINUTES |
| 5 | News Reading (International, National, Regional, Local ,Weather cast& Sports News to be incorporated) | 2 MINUTES |
| 6 | Podcasts (Theme) + Value | 3 MINUTES |
| 7 | Address by the MOD/Principal | 2 MINUTES |
| 8 | Students Talk/Vocabulary Enrichment/Quiz/Book Review/ Recitation/Conversation | 3 MINUTES |
| 9 | Principal address | 2 MINUTES |
| 9 | National Anthem | 52 SECONDS |
| | TOTAL | 21 MINUTES 32 SECONDS |